

**SENIOR NEWSLETTER    NOVEMBER 2015**  
**MUNICIPAL AGENT FOR THE AGING/SENIOR SOCIAL SERVICES**  
**EASTON SENIOR CENTER    ALISON WITHERBEE 203-268-1137**  
**MONDAY – FRIDAY Hours: 9 AM to 2 PM**  
**OUTREACH    PAM HEALY 203 261-0289**

Dear Friends,

October flew by faster than September and now we are heading (*dare I say it*) the winter season. The temperatures outside are a bit chillier than they were a few weeks ago and the sweaters are on!!! With November comes Daylight Savings, Election Day, Veteran's Day and Thanksgiving. Thank you to all who served our country November 11<sup>th</sup> is a day that we remember and honor all of our veterans. Be on the lookout for Thanksgiving related events at the ESC like the turkey dinner at Jesse Lee Church. Read below for information on Medicare, Fuel Assistance and more...

### **MEDICARE OPEN ENROLLMENT**

Open Enrollment for changing your Medicare health or prescription drug coverage is from **October 15<sup>th</sup> through December 7<sup>th</sup>, 2015**. Please start comparing your coverage with other options before October 15<sup>th</sup>. In most cases, this may be the one chance you have to make a change to your health and prescription drug coverage. It is always a good idea to review to make sure that your medication will be covered on your plan's formulary. If you are a "*snow bird*" then check to see if your plan contracts for out-of-state coverage – if not, then ask your doctor if it is possible to write for a 90-day prescription. (Ask if he/she will continue to accept your plan).

You can browse the website [www.medicare.gov](http://www.medicare.gov) and compare plans and make a decision on what to do. The drug formulary of each plan varies, so that is why you need to check the cost from year to year. **What worked for you last year might not be the best decision for the coming year – avoid unexpected surprises!**

### **Fuel Assistance**

Fuel Assistance applications can continue to be submitted and for those who have applied deliveries will start sometime after November 11<sup>th</sup>. Please call my office **203-268-1137** with any questions you may have or, to make an appointment.

### **Reminder Daylight Savings Time Ends November 1<sup>st</sup>**

Turn your clocks back and remember that this is a good time to check your CO2 (Carbon Monoxide) detectors and change the batteries in your Smoke Alarms!

**The Commission for the Aging** will meet this month on Tuesday November 3rd at The Easton Senior Center at 5 pm.

*Please, call Pam Healy to arrange a visit.* She is a caring listener, and has valuable information about the social services programs and resources available to you. As your **Easton Outreach Visitor**, Pam is available to you with just a phone call 203-261-0289.

